

# Rhinoplasty

Rhinoplasty is surgery to repair or reshape the nose.

Rhinoplasty is one of the most common plastic surgery procedures. It can be used to:

- Reduce or increase the size of the nose
- Change the shape of the tip or the nasal bridge
- Narrow the opening of the nostrils
- Change the angle between the nose and the upper lip
- Correct a birth defect or injury
- Help relieve some breathing problems

Nose surgery is considered elective when it is done for cosmetic reasons. In these cases, the purpose is to change the shape of the nose to one that the person finds more desirable. Many surgeons prefer to perform cosmetic nose surgery after the nasal bone has finished growing. This is around age 14 or 15 for girls and a bit later for boys.



## Risks

Risks for anesthesia and surgery in general are:

- Reactions to medicines, problems breathing
  - Bleeding, infection, or bruising
- Risks for this procedure include:
- Loss of support of the nose
  - Contour deformities of the nose
  - Need for further surgery

After surgery, tiny blood vessels that have burst may appear as tiny red spots on the skin surface. These are usually minor, but are permanent. There are no visible scars if the rhinoplasty is performed from inside the nose. If the procedure narrows flared nostrils, there may be small scars at the base of the nose that are not often visible.

In rare cases, a second procedure is needed to fix a minor deformity.

## Before the Procedure

Your surgeon may give you instructions to follow before your surgery. You may need to:

Stop any medicines that thin your blood. Your surgeon will give you a list of these medicines.

See your regular health care provider to have some routine tests and make sure it is safe for you to have surgery.

To aid with healing, stop smoking 2 to 3 weeks before and after surgery.

Arrange to have someone drive you home after surgery.

## After the Procedure

You will usually go home on the same day as your surgery. Right after surgery, your nose and face will be swollen and painful. Headaches are common.

The nasal packing is usually removed in 3 to 5 days, after which you will feel more comfortable.

The splint may be left in place for 1 to 2 weeks.

## Outlook (Prognosis)

Full recovery takes several weeks. Healing is a slow and gradual process. The tip of the nose may have some swelling and numbness for months. You may not be able to see the final results for up to a year.

## Alternative Names

Cosmetic nose surgery; Nose job - rhinoplasty



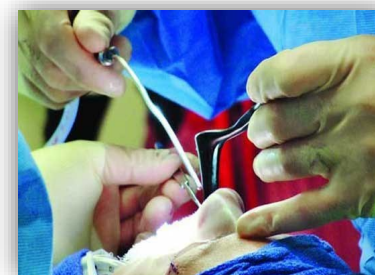
Sources : [Www. Medline Plus](http://www.Medline Plus)

References : Ferril GR, Winkler AA. Rhinoplasty and nasal reconstruction. In: Scholes MA, Ramakrishnan VR, eds. *ENT Secrets*. 4th ed. Philadelphia, PA: Elsevier; 2016:chap 59



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with the education approach  
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